

Triathlon Packing List

Type	Item	Gear Bag	Luggage	Carry On	Backpack	Buy Onsite
Bike	Aero Bottles (20 oz)	x				
Bike	Bento Box	x				
Bike	Bike					
Bike	Bottle Brush	x				
Bike	Bottles (20 oz)	x				
Bike	Bottles (24 oz)	x				
Bike	Chain Lube					
Bike	Chamois Cream	x				
Bike	CO ₂ Cartridge Inflator	x				
Bike	CO ₂ Cartridges	x				
Bike	Disk Wheel					
Bike	Helmet (aero)		x			
Bike	Helmet (regular)	x				
Bike	Hex Wrench Tool	x				
Bike	Lubrication					
Bike	Pedal Wrench	x				
Bike	Pedals			x		
Bike	Pump					
Bike	Race Belt			x		
Bike	Race Wheels					
Bike	Rags	x				
Bike	Rubber Bands	x				
Bike	Saddle Bag (clincher)					
Bike	Saddle Bag (tubular)	x				
Bike	Socket Wrench Tool	x				
Bike	Spare Tires					
Bike	Spare Tubes					
Bike	Speedfil	x				
Bike	Speedfil Brush	x				
Bike	Speedfil ties	x				
Bike	Sunglasses			x		
Bike	Toe Covers			x		
Bike	Tubular Glue					
Bike	Vaseline (pocket sized)	x				
Bike	Vittoria Tube Spray	x				
Bike	X-Wing	x				
Bike	Ziplock (post-race Speedfil tubes)	x				